



# THE SOURCE PRESENTS: 25 DAYS OF "ELF ESTEEM" ADVENT CALENDAR



8/12/25

LIKE A CANDY  
CANE, I AM FULL  
OF SWEETNESS,  
EVEN WHEN LIFE  
TWISTS AND  
TURNS, I AM  
RESILIENT NOT  
EASILY BROKEN.



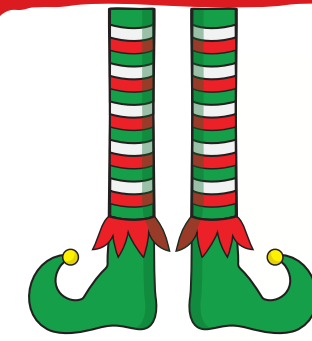
9/12/25

I LIGHT UP THE  
LIVES OF OTHERS,  
EVEN WHEN I  
DON'T SEE IT



10/12/25

I WON'T LET  
NEGATIVE  
THOUGHTS 'SPROUT'  
IN MY MIND - I'M  
FULL OF GOODNESS.  
I BELONG AT THE  
TABLE.



11/12/25

I DON'T NEED TO  
PLEASE EVERYONE  
- EVEN HELPERS  
NEED REST.



12/12/25

MY VOICE MATTERS,  
WHETHER I SING  
LOUD OR WHISPER  
GENTLY.



13/12/25

EVEN WHEN  
EVERYTHING FEELS  
SHAKEN UP, THINGS  
WILL SETTLE, AND  
SO WILL I.



14/12/25

HELPING OTHERS  
IS IMPORTANT  
BUT SO IS  
HELPING MYSELF.

