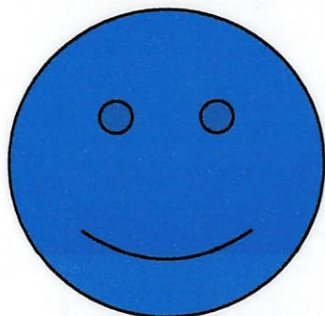
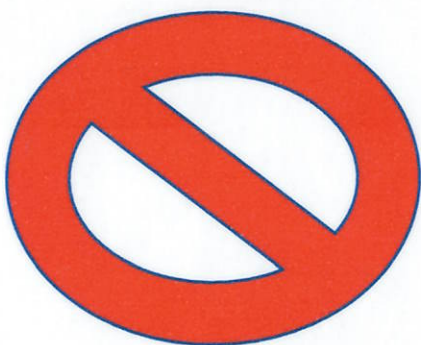
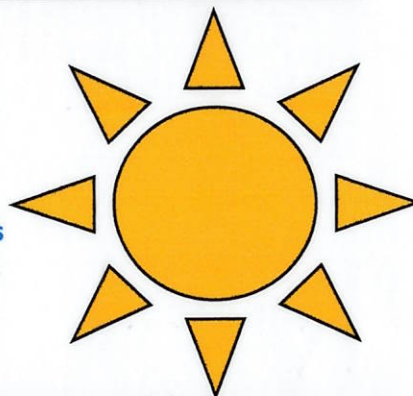


Autism – how to help us



We may struggle to understand faces so we may struggle to
Understand how your feeling, please understand we can't
Control this and we aren't trying to be rude.

We may get overwhelmed by sensory things in are environment,
These can include things like strobe lighting, loud noises like
Shouting, touch especially skin and smells, we may require things
Like ear defenders to help us with this.



We may struggle with being social and may take things to literally, please
Give us extra time to think if it looks like we need it and don't ask to
Many questions at one time as we may get overwhelmed, also we can't
Always understand jokes so we may get offended or not understand
The joke.

We often have a subject we really like to talk about, we may can
Often talk about these a lot and may get distracted while talking
About it and may need to be reminded to continue with other things

