

Sometimes, we can change our minds about what we want to do.
This little leaflet is here to help you explore options, get careers advice and find support.

Useful Links – Just click the boxes!



PRINCES TRUST TEAM PROGRAMMES

A 12-week programme for 16-25 year olds who are not currently in employment, education or training. Build confidence and valuable skills, contribute to your local community and gain work experience.

Check out inspiresuffolk.org.uk/courses/princes-trust-team-programme/ or contact nextsteps@inspiresuffolk.org.uk for more information.

Please see below for the locations and start dates of the next Prince's Trust Team Programmes:

Location	Start Date
Ipswich	Monday 29/04/24
Bury St. Edmunds	Monday 29/04/24
Lowestoft	Monday 06/05/24
Woodbridge	Monday 06/05/24

LOCAL JOB FAIRS

Job fairs are a chance to meet local employers and see what opportunities are out there.

If you are a job seeker who is 18+, you may be eligible for Universal Credit, check out: gov.uk/universal-credit/how-to-claim.

WHAT

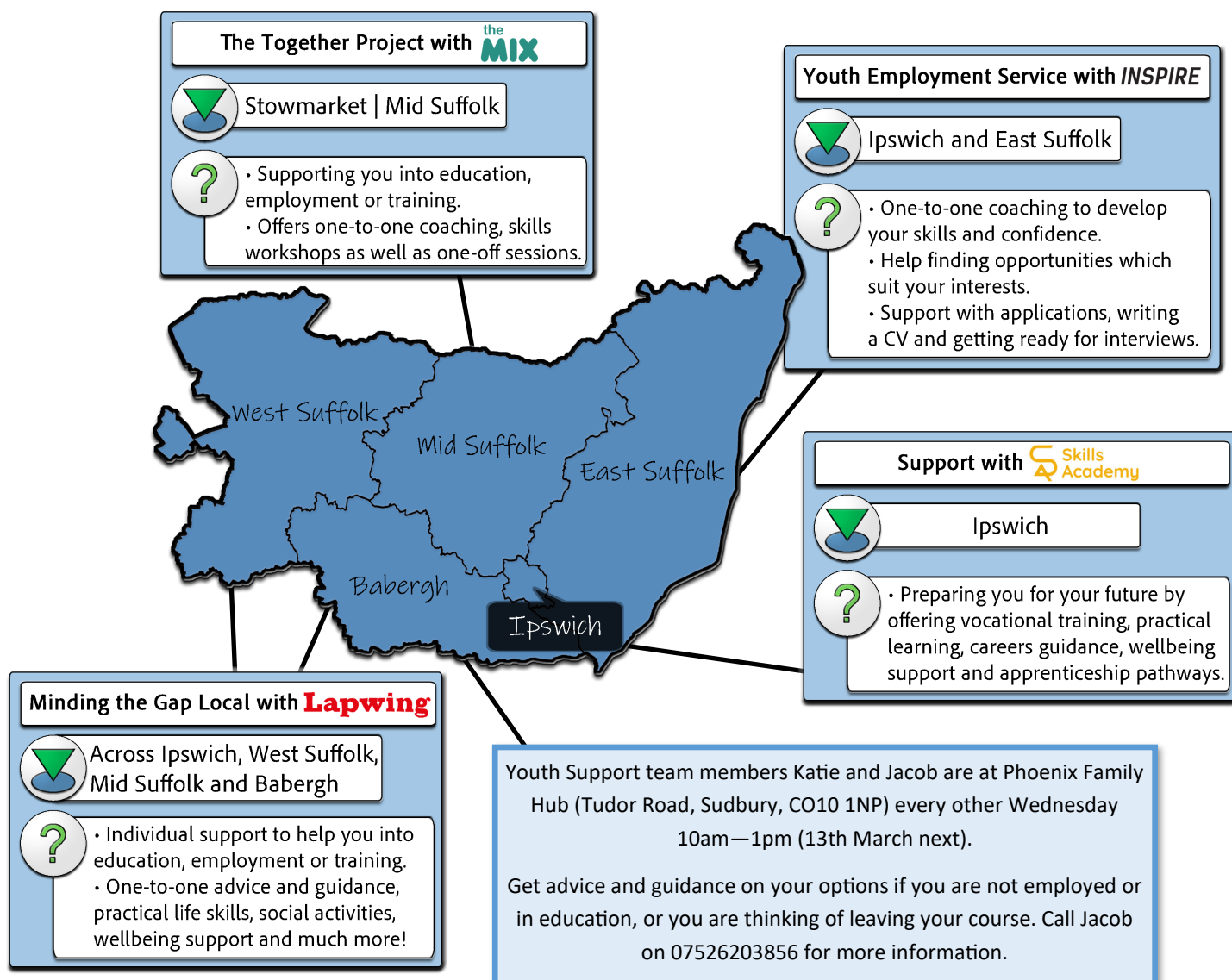
WHEN

WHERE

Diss Jobs Fair	12/03/2024, 10am–1pm	The Corn Hall, IP22 4LB
Ipswich Jobs Fair	13/03/2024, 10am–1pm	Ipswich Town Hall, Cornhill, IP1 1DH
Newmarket Jobs, Skills & Wellbeing Fair	19/03/2024, 10am–12.30pm	Newmarket Memorial Hall, CB8 8JP
Cleaning/Facilities Mini Jobs Fair	20/03/2024, 10am–1pm	Ipswich Jobcentre, Silent Street, IP1 1TF
Stowmarket Jobs Fair	16/04/2024, (Time TBC)	United Reform Church, Ipswich Street

There is support available across the county, see below to find some organisations who can help:

The boxes around the map are links – just click for more information!



Useful links to youth projects around Suffolk – just click the boxes!

4YP	Ipswich
The Junction	Lowestoft
Level Two	Felixstowe
Out Loud Music	Ipswich

Youth Have Options	Haverhill
CYDS	Leiston
The Porch Project	Hadleigh
Just 42	Woodbridge